

Ease upper and lower body discomfort with Power Systems" MYO roller. The MYO roller is smaller and less cumbersome than a traditional foam roller and features a channeled, H-shape design to promote spinal alignment and target different pressure points during self myofascial release.

Shop Power Systems Myo-Roller, Textured Roller Massage Therapy Aid for Recovery, Myofascial Release and Spinal Alignment, 6 x 6 Inches, Blue Marble (80675). Free delivery and returns on all eligible orders.

Power Systems Myo-Roller, Textured Roller Massage Therapy Aid for Recovery, Myofascial Release and Spinal Alignment, 6 x 6 Inches, Blue Marble (80675) Visit the Power Systems Store. 4.2 255 ratings.

Power System Myo Roller is smaller and less cumbersome than a traditional foam roller, it has a channel, or H-shape, design to promote spinal alignment and target different pressure points during self-myofascial release. The textured nodules add comfort during

Smaller and less cumbersome than a traditional foam roller, the Myo-Roller has a channeled, or H-shape, design to promote spinal alignment and target different pressure points during self-myofascial release. The textured nodules add comfort

Features: Heat-sealed EVA foam construction maintains shape and resists moisture and bacteria. 6" L x 6" diam. Blue Marble. Has a channelled design to promote spinal alignment. See more details. 1. Add To Cart. Easy online or call-in returns. Read return policy. Product Description.

Power Systems Myo-Roller, Textured Roller Massage Therapy Aid for Recovery, Myofascial Release and Spinal Alignment, 6 x 6 Inches, Blue Marble (80675) : Amazon : Sports, Fitness & Outdoors

Smaller and less cumbersome than a traditional foam roller, the Myo-Roller has a channeled, or H-shape, design to promote spinal alignment and target different pressure points during myofascial release.

Smaller and less cumbersome than a traditional foam roller, the Myo-Release Ball is a great size to hit different muscle groups and target different pressure points during self myofascial release. Heat-sealed EVA foam construction maintains shape and resists moisture and bacteria.

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